



Quinoa Porridge with Pistachios

Prep time: 5 minutes

Cooking time: 15 minutes

Servings: 2

- ¾ cup quinoa, soaked for 4 hours or overnight, rinsed, and drained
- 1 1/2 cups unsweetened organic soy milk
- 2 tablespoons golden raisins
- 2 teaspoons pure maple syrup
- ¼ cup pistachios, chopped

1. Bring soy milk and quinoa to a boil in a small saucepan. Add raisins and simmer, covered, over low heat until most of the milk is absorbed, about 15 minutes.
2. Remove from heat and stir in maple syrup.
3. Spoon into two serving bowls and top with chopped pistachios.



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